

THE REPRESENTATION OF SUICIDAL BEHAVIOR IN A STAR IS BORN MOVIE: A FREUDIAN PSYCHOANALYSIS READING

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Abstract

This research uses a movie entitled *A Star is Born* that was released in 2018 as the object of analysis. The movie focuses on the story of a seasoned-musician, namely Jackson Maine, who had difficulties in quitting from drugs and alcohol. The movie ended on the scene of Jack who attempted suicide. Considering the story of the movie, this research aims to examine the portrayal of suicidal behavior in the movie as portrayed through the main character, Jack. In this research, the researcher used descriptive qualitative methods to describe and explain the issue of suicidal behavior in *A Star is Born* movie. Hence, the data are in the form of dialogues and scenes that were taken from the movie. To analyze the suicidal behavior of Jack through the scenes, the researcher used the theory of suicidal behavior as well as Freudian psychoanalysis. By conducting the analysis, this research found that Jack showed the acts that fulfilled the suicidal behavior according to the American Psychiatric Association (APA). The suicidal behavior of Jack was done due to Jack who often follows his Id, according to the Freudian Psychoanalysis.

Keywords: *Freudian psychoanalysis, suicide, suicidal behavior*

INTRODUCTION

Movie is a unique experiment in the visual arts that has existed since a long time ago (Arnheim, 1957). Additionally, as visual arts, movie as the moving images are based on human emotions and reality, which makes it relatable to society and allow society to get influences (Jogezai, 2020). Hence, a movie often refers to the reflection of reality in the form of art. Considering that, this research took movie as the object of analysis.

Though the movie is a fictional form of literature, the movie can contain real-life issues, according to research that was conducted in 2017 (Das. et al, 2017). Considering that, it can be concluded that the movie contains real-life issues, and its portrayal can be discussed in the form of a research paper.

A movie often contains the material of psychological issues, but unfortunately, society sometimes does not realize that. USC Annenberg Inclusion Initiative with American Foundation for Suicide Prevention researched in 2019 with the result that out of 4.598 characters in movies, 1.7% of them experienced psychological issues (Smith, Choueiti, Choi, Pieper, & Moutier, 2019). The data do not show a very huge percentage of psychological issue portrayal in the movie. Even so, the lack of information and low awareness of the psychological issue can lead society to misunderstand certain psychological issues and the sufferer (Aryangga & Nurmaily, 2017).

To limit broader discussion, the researcher chooses one of the psychological disorders or disturbances to be discussed in this current research. Suicidal behavior is the psychological issue of literature that is discussed in this current research. Suicidal behavior is different from the action of suicide in general, even though suicidal behavior can end up in suicide. A study conducted in 2006 examines the elements that characterized the components of suicidal behavior. In that article, the researchers define the nature of suicidal behavior as an act of the sufferer who has the intention to die (Leo, Kerr, Bertolote, & Kerkhof, 2006). In suicidal behavior, usually, the sufferer wants to die because of reasons outside the control of the individual, and however, the attempt at death was thwarted (Leo, Kerr, Bertolote, & Kerkhof, 2006). Hence, the action is usually known as "failed suicide".

Adam (1967) agreed that it is important to discuss how literature portrays suicidal behavior by emphasizing the study of suicidal ideation as an independent phenomenological entity (Adam, 1967). The complexity of suicidal behavior portrayal in literature needs to be discussed to see the pathological variants and

symptoms of suicidal behavior (Adam, 1967). Considering that, the researcher has chosen one of the movies to be the object of the research. The movie that is chosen is *A Star is Born* which was released in 2018. The movie was produced and directed by Bradley Cooper. With a duration of 136 minutes, the movie *A Star is Born* used English as the original language. The researcher chose that movie because based on the synopsis and the main idea of the movie, the researcher assumed that the movie contains the material of suicidal behavior and can be analyzed by using Freudian Psychoanalysis. The movie told about the forty-three-year-old Jackson Maine who was a famous country rock singer who privately battling an alcohol and drug addiction. The movie focused on the story of Jackson Maine who had difficulties in his life. At the end of the movie, it was shown that Jackson Maine could not handle his problem anymore, so he hang himself in the garage. The portrayal of alcohol abuse and suicide that was portrayed in a movie can be a sign of suicidal behavior (Samaritans, 2020). Therefore, this research will discuss the representation of suicidal behavior in the movie entitled *A Star is Born*.

This research aims to describe and explain the suicidal behavior as seen in Jackson Maine in *A Star is Born* movie scenes from the perspective of Freudian Psychoanalysis. It is expected that this research can be beneficial for other future researchers who want to conduct similar analysis.

METHOD

In this research, the researcher used the Freudian psychoanalysis. This research focuses on the psychological issue as seen in a movie, thus the approach of psychology is used as the fundamental of the research. The theory used is Freudian Psychoanalysis. Psychoanalysis itself was originally developed by Sigmund Freud, the theory is now called Freudian Psychoanalysis. Initially, the theory is introduced in the early 20th century by Freudians to cure a patient that is believed to have a psychological problem (Amelia & Daud, 2020). However, along with the time, the theory is then used to analyze a literary work (Amelia & Daud, 2020). The theory is so complex and contains many branches. Basically, Freudian psychoanalysis tells about the human psychology, in which there are three elements of human psychology that drives the irrational and unconscious motivation of human (Lapsley & Stey, 2011). Freud developed the concept of Id, Ego, and Superego as the result of his thoughts related to the unconscious mind of the human. The Id, Ego, and Superego are sometimes called and known as the tripartite of Freudian (Amelia & Daud, 2020). The term is given to refer to the three elements in the theory of psychoanalysis by Freudian. The elements meant in the theory are the elements that control the behavior and mind of human. Generally, Id plays a role as the number of uncoordinated instinctual, ego is the organized and realistic part that mediates the id and the superego, while the superego plays a role as a critical and moral role.

According to Freudian psychoanalysis, the Id becomes a psychical province that incorporates instinctual that drives energies (Lapsley & Stey, 2011). Briefly, Id represents the wants, needs, and desires of humans (Lapsley & Stey, 2011). Ego is defined as an impersonal apparatus that aims to de-tension the biological strivings of human (Lapsley & Stey, 2011). Then, there is a special physical agency that emerges to observe the Ego and measure it by its ideal, or known as "ego-ideal", according to Freudian psychoanalysis (Lapsley & Stey, 2011). This self-observing agency is known as Superego. Essentially, Superego is the element of human psychology that controls Id and Ego.

This research is also used the theory of suicidal behavior as this research will focus on the suicidal behavior of Jackson Maine. The theory used is from the Diagnostic Statistical Manual of Mental Disorder (DSM) Fifth Edition. Suicidal behavior refers to the behavior, attitudes, or signs that occur in a person who has tendencies to attempt or commit suicide. By explanation, suicide refers to the act of taking one's own life on purpose, meanwhile suicidal behavior is the action that could cause a person to die (Leo, Kerr, Bertolote, & Kerkhof, 2006).

In DSM-5 suicidal behavior is included in section III and can be defined as any action that could cause a person to die (American Psychiatric Association, 2013). In most cases, suicidal behavior is seen as the comorbidity of other problems, such as bipolar disorder and depression (American Psychiatric Association, 2013). To determine whether a person has suicidal behavior, according to DSM-5 several signs may be considered, which are (American Psychiatric Association, 2013); 1) Within the last 24 months, the sufferer did a suicide attempt; 2) The act that was done does not meet the criteria for non-suicidal self-injury (NSSI). NSSI refers to the injury without suicidal intent, such as burning and scratching without the want to commit suicide; 3) The sufferer expects the set of actions would lead to his or her death; 4) The sufferer thinks about death, suicide plans, or suicide attempts; 5) The sufferer's act is undertaken not for a political or religious objective. Additionally, there are also other specifics, that are divided into current and in remission. The current means that not more than 12-24 months since the last attempt, meanwhile, the remission means that more than 24 months since the last attempt (American Psychiatric Association, 2013).


By using those theories, the researcher used descriptive qualitative method to conduct the analysis. Descriptive qualitative method is a method that focuses on analyzing non-numerical data (Rido, Why They Act the Way They Do? Pedagogical Practices of Experienced Vocational English Language Teachers in Indonesia, 2020). The method has a purpose to analyze a character in a work with some specific theory and issue (Tirtaningtias & Setiawan, 2021). Moreover, by using the method, the researcher can see a detail message in a work, text, or literary work (Heaverly & Kasih, 2020). As this research is considered as textual analysis, the descriptive qualitative method is seen suitable for this research. It is because the method allows the researcher to present the data descriptively and using written texts and explanation (Ranti & Nurmaily, 2021). Hence, the data is presented in the form of words, phrases, and sentences, and not in the form of a number (Nababan & Nurmaily, 2021). Hence, the researcher believes that the descriptive qualitative method is the most suitable method for this research, as the method deals with collecting and analyzing information in the form of non-numeric (Samanik, 2021). Moreover, an article in 2007 also agreed that a qualitative method is an approach that involves the discovery that enables the researcher to develop it in detail (Williams, 2007). Meanwhile, to collect the data, the library research method is used, because it allows the researcher to collect the data of written articles and sourcebooks (Farras & Nurmaily, 2020). Further, the data and data source are important because those that will be analyzed in a research (Ramadhani & Setiawan, 2021). In conducting the analysis, the data is needed because it can be the proofs of the analysis (Gulö & Rahmawelly, 2018). In this research, the data were taken from *A Star is Born* movie, that includes scenes, dialogues, and actions in the movie. The data can be taken from further readings (Istiani & Puspita, 2020), and it will be presented in the form of narration and dialogues (Pranoto & Afrilita, 2018).

FINDINGS AND DISCUSSION

In this chapter the researcher provided the discussion about the way suicidal behavior is represented in a movie entitled *A Star is Born*. The discussion focused on the main character, namely Jackson Main. The suicidal behavior also analyzed through Jackson Maine behaviors by using Freudian Psychoanalysis perspective. Hence, the suicidal behavior symptoms and Freudian Psychoanalysis were used to reveal the suicidal behavior of Jackson Maine.


1. Id, Ego, and Superego

This research aimed to see the suicidal behavior of Jackson Maine in a movie entitled *A Star is Born* through the Freudian Psychoanalysis perspective. Hence, the researcher analyzed Jack's existence of Id, Ego, and Superego first. The first element of human's psychology in Freudian Psychoanalysis theory is Id. Generally, Id refers to the secret desire, need, and want of human (Lapsley & Stey, 2011). The element of Id allows human to drive energies and unconscious motivation to do something that is believed can achieve the secret desire, need, and want of an individual (Lapsley & Stey, 2011) In the movie *A Star is Born*, the researcher could find the portrayal of Jack's Id through the reason of why Jack did something.


Screenshot	Description
<p>Time: 00.00.32.</p> 	<p>Jack took drugs on the backstage before he performed, even so there were many people could see him</p>
<p>Narration: "Jackson (Jack) Maine (early 40s) pulls out a prescription pill bottle, dumps a few pills into his hand -- knocks them back -- drinks deeply from a gin on the rocks, the alcohol spilling down his beard... the awaiting crowd just off in the b.g... a male roadie slaps him on the back"</p>	

From the datum above, the researcher interpreted what Jack did as an act that was driven by his Id, because he did that without caring about the morality and the perspective of other people. The Freudian Psychoanalysis explained that the Id of humans operates unconsciously, based on the primary process that impels humans to engage in need satisfying and tension-reducing activities, which are experienced as pleasure (Lapsley & Stey, 2011). Hence, when an individual followed the Id, it makes the individual has possibility to not follow the right moral and rules in the society (Cenita, & Nurmaily, 2020). In the datum above, it could be seen that Jack followed his Id by doing something bad in front of many people, without thinking about the morality. It was done because,


according to the theory, Jack needed tension-reducing activity that he then experienced it as pleasure. It was because Jack, as a seasoned musician, did that before he went on stage to perform in front of many people. Therefore, he needed to reduce the tension by consuming drugs and alcohol at the same time. Besides, another reason of Jack abusing alcohol and drugs was because of his unhappy background with his family. He was a lonely-seasoned-musician who tried to stay alive, which later made him followed his Id to reach happiness and freedom. The theory of Id believed that a person may follow the Id to reach the need, including the need of freedom (Lapsley & Stey, 2011) .

Screenshot	Description
Time: 00.51.03 	Jack went to Arizona with Ally, because at that time he had a concert there. While they were in the Arizona, the hometown of Jack, Ally insisted to go see Jack's father's grave while they were in Arizona. But, instead of seeing his father's grave, Jack only saw a wind farm and his father's grave was not there anymore. Then, Jack in a hurry came to see his brother, namely Bobby.
Dialogue: "Bam! Jack decks Bobby with a hard punch sending him flat to the ground— Jack: "You sold Dad's ranch! They turned it into a fucking wind farm!"	

The researcher interpreted that the moment when Jack punched Bobby was the moment when Jack was driven by his Id. It is because according to the theory of Id, the Id also contains the unwanted memories and wrongful desires of human (Lapsley & Stey, 2011). At that time, Jack was furious when he knew that his father's grave was gone. The anger of Jack came from his unwanted memories related to his father. Though his father was a drunker, his father was the only person he had in his life. Hence, when he knew that his father's grave was gone, and it was gone because his own brother sold it, he got very furious and punched his brother without further ado. Through the act of Jack who got mad and punched and swore at his own brother, even though there were many people at that time, the researcher could interpreted that Jack was driven by his Id due to his unwanted memories and wrongful desires.

Screenshot	Description
Time: 01.31.16 	Jack met Ally in the studio, few days after the big fight of Ally and Jack when Ally mocked Jack for being an alcoholic. Few day after that incident, Jack came to say sorry to Ally, and when they met and hug, Ally told that she knew Jack had not been drinking.
Dialogue: "Ally: "you haven't been drinking" Jack: "What'd you say?" Ally: "I said you haven't been drinking. I can tell" Jack: "No, I haven't. No"	


The researcher interpreted the data above as a proof that Jack followed his Ego at that time, because of Ally. As an alcoholic and drug addict, it must be really hard for Jack to stop, because he had been doing that every day for years. Yet, someday, Jack planned to stop doing that because of Ally, which proved that he followed his Ego. In the Freudian Psychoanalysis theory, Ego is defined as the common sense of human, which occurs as the individual's reaction to the need of Id (Lapsley & Stey, 2011). With the need of freedom and happiness of Jack, Jack realized that he could lost his happiness, Ally, if he kept drinking. Hence, Jack used his rational Ego to stop drinking and using drugs, which showed the good impact of Jack's reaction to his own need. Moreover, Ego also consists of reasoning, tolerance, memory, understanding, judgment, as well as planning (Made Yulianti & Setiawan, 2022). The datum above showed that Jack showed reasoning, tolerance, understanding, and planning, because he tried to understand the reason of Ally wanted him to stop.

Screenshot	Description
Time:01.39.56 	<p>Jack finally went to the group session in the rehabilitation. Jack finally decided to go there after there was an incident of Jack who almost died because she committed suicide by using drugs and alcohol.</p>
<p>Dialogue:</p> <p>“Carl, the group therapist, stares jack down as sits at one of many chairs circled up, group therapy in midsession...</p> <p>Carl: “Jack, hey”</p> <p>Jack: “Sorry. sorry i'm late”</p> <p>Carl: “Can't be late, jack”</p> <p>Jack: “Understood, sorry”</p> <p>Carl (to jack): “Anything you wanna tell us?</p> <p>Jack: “Um... i'm grateful to... to be here, and, uh, trying to hold it together... (a beat) i'm jack, i'm an alcoholic”</p> <p>Rehab members “Jack... “</p> <p>Jack: “Drug addict””</p>	

The researcher interpreted the datum above as the Superego of Jack because Jack did that without anyone's instruction. Ally even at first had no idea that Jack went to a rehab. It means that Jack went there because of his own will. The action of Jack was in line with the Superego explanation. The explanation of Superego believed that the existence of Superego makes an individual had inner voice that constantly reminding the individual to be good and follow the morality (Lapsley & Stey, 2011). In the datum above, Jack showed had his own reminder to be good and follow the morality by going to a group session and tried to quit from alcohol and drugs. Moreover, the datum above showed that Jack tried to avoid the bad consequences of alcohol and drugs, by trying to stop the use of both.

2. Suicide Attempt Within the Last 24 Months

The first suicidal behavior as published by APA in DSM-5 is characterized when an individual attempt suicide at least in the last 24 months (American Psychiatric Association, 2013). Through this sign, the suicidal behavior sufferer can be seen and characterized through the way they tried to end their life, consciously or unconsciously (American Psychiatric Association, 2013).


Screenshot	Description
Time:01.34.30 	<p>At that time he was in the greenroom, which is a room for the performer before perform. He was waiting for his performance in the event of tribute to Roy Orbison. Jack drank for a glass of gin, and in the background there was many people in the room.</p>
<p>Narration:</p> <p>“Jack is in the packed greenroom, drinking as much and as quickly as he can...pops a couple of pills for good measure...and there's a sense, despite where he is at, he's a man without a country...”</p>	

At first, Jack was called to be the performance to sing and play guitar in the tribute to Roy Orbison. However, at the day of the rehearsal, he suddenly got an information that he would not sing in that tribute, because someone else would. Though Jack was very disappointed, he still wanted to perform even though he just became the guitarist. He was actually very sad hearing that news as he felt painful to see himself relegated to just playing as a backup. He felt like he was being forgotten and not being the main singer anymore. When it happened, at the same time, he heard the news that Ally got three nominations at Grammy Award. The researcher could see that the situation of Ally and Jack was very in contrast, where Ally in the peak of her career, and Jack in the lowest phase of his career. It then made Jack became more stress, hurt, and mad. He felt like he was on the lowest, so he

tried to kill himself on the day of his performance, which is the same day of the Grammy Award. As could be seen in the datum above, in the greenroom, just minutes before the performance, Jack drank as many gin as he could and combined it with several smashed-pills that he had prepared on his pocket. The researcher interpreted that action as an action of Jack to escape the reality and the feelings of him being forgotten. The researcher then saw that action as the action of Jack that was driven by his Id, which wanted to be seen and remembered. Jack showed the needs of companion and affection. Hence, when he did not get it, his Id told him to do something to gain it. The elements of Id represents the wants, needs, and desires of humans (Lapsley & Stey, 2011). Thus, the action above was done by Jackson Maine as his effort to take his own life, because he wanted to get affection and wanted to be remembered. The proved that Jack attempted suicide recently due to his psychological problem, showed that he had successfully fulfilled the first suicidal behavior sign.

3. Non-NSSI Act

The second sign of suicidal behavior according to DSM-5 is the act done by the sufferer is a non-NSSI act (American Psychiatric Association, 2013). It means that the action should not meet the NSSI criteria. NSSI itself refers to non-suicidal self-injury, which refers to the self-injury caused by a non-suicidal thought (American Psychiatric Association, 2013). In other words, when an individual gets injury, but without the wants or thoughts of suicide, it cannot be included as suicidal behavior.


Screenshot	Description
<p>Time:01.11.20</p> 	<p>It happened after the scene where Noodles, Jack's friend found him fell on the grass by the roadside. The picture above showed that Jack already sober in the morning when he talked to his friend, Noodle, in Noodle's house.</p>
<p>Dialogue: "Jack: "Yeah. Bunch of others, too. Got hooked up with some manager guy, wants to...you know..." Noodles: "She's good, bro" Jack: "I know" Noodles: "Maybe she's a way out"</p>	

At that time, in the datum above, Jack had a conversation with Noodles related to Jack's reason fell down on the grass due to drugs and alcohol's effect. Noodles discussed about the video of Jack and Ally who sang a song together on the stage, and the video went viral. Actually, both Jack and Noodles knew that Ally was talented and good and singing. However, when Jack talked about Ally great progress of having a great manager, Jack said it with a sad face. Through the way Jack said the dialogue, the researcher interpreted that it was something that Jack did not want to talk about, because it made him sad. At the end of the conversation, Noodles said that maybe Ally can be a way out for Jack.

Therefore, the datum above proved that what was done by Jack, the suicidal attempt, was driven by his Id and it was not NSSI act at all, because it was because of his psychological and not because of accident. It is explained that the act done by the sufferer is a non-NSSI act (American Psychiatric Association, 2013). The act of Jack, as had been explained, was not NSSI act because it intentionally done by Jack, and not an accident.

4. Set of Actions that Leads to Death


The third criteria of suicidal behavior according to DSM-5 is the set of actions done by the individual have possibilities to lead the individual to death (American Psychiatric Association, 2013). Simply, what is done can make the individual die. It is explained that the substance use disorder (alcohol abuse and/or drug abuse) also can be the criteria of suicidal behavior as the substance use disorder can lead to death as well (American Psychiatric Association, 2013).

Screenshot	Description
Time:01.39.38 	Ally tried to wake Jack up in the bathroom under the shower. Meanwhile Jack lost his consciousness and laid on the bathroom floor. The scene happened after the incident of Jack who fell on the stage of Grammy Awards
<p>Dialogue:</p> <p>“Ally looks at Jack, completely a waste on the shower floor...the water pouring over him... despite still being in her gown, she kneels down beside him...”</p> <p>Ally: “You gotta sit up. I don’t want you to choke, baby. Sit up!”</p> <p>Jack (slurring): “All right, I, I must’ve taken too much””</p>	

The datum above showed that Ally looked Jack who collapsed on the floor, nearly died. Ally looked so panic, and with still using her gown, she tried to get Jack up, because Jack nearly choked and died. In the datum, it was shown that Jack was talking while slurring, which means that Jack did not speak clearly due to the effect of drugs and alcohol, which made him choked. What was done and suffered by Jack at that time is in line with the third sign of suicidal behavior. It is believed that the substance use disorder (alcohol abuse and/or drug abuse) also can be the criteria of suicidal behavior as the substance use disorder can lead to death as well (American Psychiatric Association, 2013). Hence, the datum above showed that Jack fulfilled the third sign of suicidal behavior.

5. The Thoughts about Death, Suicide Plans, or Suicide Attempts


The fourth sign of suicidal behavior according to DSM-5 is the sufferer may show thoughts or acts that are related to suicide plans, suicide attempts, or something that can kill herself/himself (American Psychiatric Association, 2013). Simply, through this sign, the sufferer shows the willingness to end himself/herself in any way possible (American Psychiatric Association, 2013).

Screenshot	Description
Time:01.09.57 	Jack was unconsciously fell asleep among the bushes by the roadside. The picture showed Noodles, Jack’s friend, who tried to pull Jack from the bush.
<p>Dialogue:</p> <p>“Noodles: “Jack. I feel like we’ve done this before. Didn’t think we’d do it so soon, man”</p> <p>We see that Jack is looking up at him, lying in a field of ivy. Rough night.</p> <p>Noodles: “Come on, bro. get up. All right. There we go”</p> <p>Noodles helps Jack stumble to his feet. They head for the house”</p>	

Through the datum above, the researcher interpreted that Jack, affected by his Id, planned and had a thought to attempt suicide by drinking much pills of drugs with alcohol. He did that a day after Ally rejected his invitation and at the same day of Ally’s tour. It was a coincidence that has been planned by Jack because he was actually mad that Ally chose her career over him. It was in line with the theory of Id that stated the Id becomes a psychical province that incorporates instinctual that drives energies (Lapsley & Stey, 2011). Hence, it could be seen that in the situation above, Jack was driven and got energies from his Id. The act of Jack was also in line with the theory of suicidal behavior, where in the fourth symptom it was explained the sufferer shows the willingness to end himself/herself in any way possible (American Psychiatric Association, 2013). The explanation above showed that Jack planned to end himself by using alcohol and drugs, even though it was not succeed at the end.

6. The Act is Non-Political or Religious Objective

The last suicidal behavior according to DSM-5 is the act done is a non-political or religious objective act (American Psychiatric Association, 2013). In other words, the sufferer's act is undertaken not for a political or religious objective, instead it is taken due to the psychological of the sufferer.

Screenshot	Description
Time:01.01.30 	Jack suddenly fell down due to alcohol and drugs, just after Ally told about her career
<p>Dialogue:</p> <p>“Thunk! Jack crashes to the floor.</p> <p>Concerned party member: “You all right, Jack?”</p> <p>Ally: “He’s okay. He’s fine. He does this all the time”</p> <p>Jack gets up and casually walks away without the slightest bit of acknowledgment to Ally’s career-shifting moment”</p>	

At that time, Ally told Jack that there was an amazing producer that wanted to bring in to record Ally's songs. But, instead of happy to hear the good news from Ally, Jack suddenly crashed to the floor. He was suddenly drunk badly until she fell to the floor. After that, it was shown that Jack got up and walked away, without caring about Ally's career-shifting moment. Through that scene, the researcher interpreted that Jackson was jealous of Ally because Ally was approached by a famous producer who wanted to record Ally's songs. After the scene in the datum above, Ally also stated to Jack that he just jealous of her. From that, it showed that Jack's problems, especially in the alcohol addiction, was caused by his life. In that case, Jack was jealous and annoyed because the only person he had, Ally, probably would leave him for the music management, even though Jack was actually the one who made Ally famous. Hence, the datum above showed that the suicidal behavior of Jack was caused by what happened in his life, instead of because of the politic or religion.

CONCLUSION

After conducting the analysis by using the suicidal behavior and Freudian psychoanalysis theory, the researcher could answer the research question and the research objective of this current research. The research was conducted using descriptive qualitative method, where the result and findings were presented descriptively. From the analysis, it could be seen that the main character of the movie *A Star is Born* was seen suffering from the suicidal behavior. It was because the character, Jackson Maine, fulfilled all the six symptoms of suicidal behavior, according to DSM-5.

The suicidal behavior shown by Jack in the movie was caused by his Id, who seek for freedom and happiness. It is because the Id contains the unwanted memories and wrongful desires of human. Because Jack wanted to get rid the feelings of loneliness, lack of freedom, and unhappiness, he then showed the suicidal behavior through the symptoms of suicidal behavior, as had been explained. Hence, he often followed his Id to get those feelings, which was by running away from his miserable life, through suicide. He wanted to get rid the burden, which according to his Id, could be done by suicide. Even so in several cases Jack followed his Ego and Superego because of his girlfriend, Ally, the proof that he fulfilled all the symptoms of suicidal behavior and at the end attempted suicide, proved that in most of the time Jack followed his Id.

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